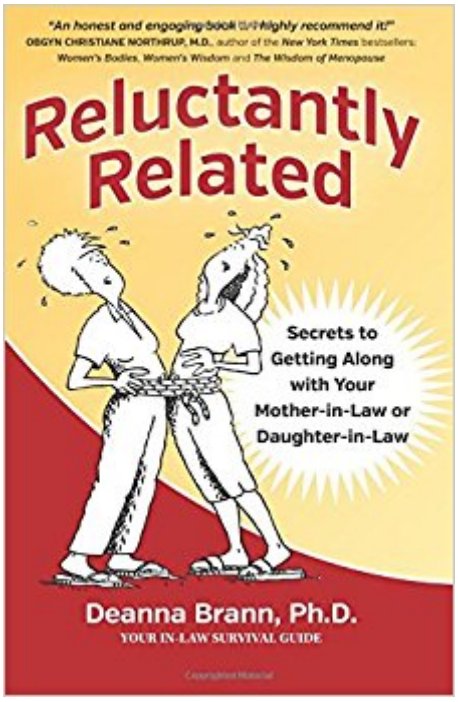
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Reluctantly Related: Secrets To Getting Along With Your Mother-in-Law Or Daughter-in-Law



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Synopsis

Same great book with a whole new look! RELUCTANTLY RELATED: SECRETS TO GETTING ALONG WITH YOUR MOTHER-IN-LAW OR DAUGHTER-IN-LAW is the definitive work on the all too common family dilemma of stressful relationships between mothers-in-law (MILs) and daughters-in law (DILs). Leading in-law relationship authority Dr. Deanna Brann delivers an insightful, stimulating guide for determining the root causes of mother-in-law/daughter-in-law difficulties and more importantly, provides the situation-specific, practical tools to change things for the better. While dealing with this often difficult or even painful subject, RELUCTANTLY RELATED is engaging and wonderfully readable with its extensive use of real world conversation examples and lighthearted cartoons. Dr. Brann introduces you to her witty collection of mother-in-law, daughter-in-law and husband/son personality types - from Off-the Wall Wanda to Doubting Donna to Struggling Steven - and goes on to show you how to identify the types in your own family. She then explains in everyday language how combinations of these personality types present relationship challenges, but goes on to give practical, hands-on tools for mothers-in-law and daughters-in-law to improve their relationship. There has never been such an entertaining yet helpful resource on the specific problems between mothers-in-law and daughters-in-law. Revised and updated to include a new look and additional cartoons this third edition of RELUCTANTLY RELATED provides unique, straightforward help to any MIL/DIL challenged family, and should be required reading for newlyweds and their mothers!

Book Information

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Customer Reviews

Reluctantly Related is an honest and engaging book that will help relieve the stress too often associated with the mother-in-law, daughter-in-law relationship. I highly recommend it! --Christiane Northrup, M.D. author of the New York Times best sellers: Women's Bodies, Women's Wisdom and The Wisdom of MenopauseDr. Brann offers help where no other book has so fearlessly tread! What a positive, balanced, helpful resource this is for every family. No longer need the mother-in-law/daughter-in-law relationship suffer the immortal bad press it has endured for ages. This book offers practical, positive help. It is filled with valuable insights and practical suggestions. --Pat Love, Ed.D. author the Truth About LoveDr. Brann's professionalism and compassion helps both sides of the MIL-DIL relationship, bringing them together and giving women and their families hope and practical help in making their relationship more fulfilling and satisfying. The MIL-DIL relationship is an important one indeed and this book is an important one to read to aid you in making this relationship thrive. --Sandra Yancey - Founder & CEO eWomenNetwork, Inc.Dr. Brann offers help where no other book has so fearlessly tread! What a positive, balanced, helpful resource this is for every family. No longer need the mother-in-law/daughter-in-law relationship suffer the immortal bad press it has endured for ages. This book offers practical, positive help. It is filled with valuable insights and practical suggestions. --Pat Love, Ed.D. author the Truth About LoveDr. Brann's professionalism and compassion helps both sides of the MIL-DIL relationship, bringing them together and giving women and their families hope and practical help in making their relationship more fulfilling and satisfying. The MIL-DIL relationship is an important one indeed and this book is an important one to read to aid you in making this relationship thrive. --Sandra Yancey - Founder & CEO eWomenNetwork, Inc. --This text refers to an out of print or unavailable edition of this title.

Dr. Deanna Brann is a leading authority on the relationships between mothers-in-law and daughters-in-law. She has a passion for healthy, vibrant relationships in this highly important, yet sometimes challenging connection. With more than 25 years of experience practicing psychology and helping individuals, couples and families, she is now a highly sought after speaker and author. She is also the author of Mothers-in-Law & Daughters-in-Law Say the Darndest Things! --This text refers to an out of print or unavailable edition of this title.

Dr. Brand's book is written in a way that made it easy to see my actions from my DIL's point of view and recognized the origins of her reactions. I loved the characters (Doubting Donna, Weird Wendy) who I expected to be simplistic and one-dimensional but were anything but. Just last weekend,

using some of Dr. Brand’s suggestions, I was able to approach my DIL differently and experience different results. This is a book that I will read again and again (at this point, I need daily refreshers!!). I highly recommend this book to any mother (even those with daughters!!).

This book not only helped me but I was able to show my husband what part each of us was playing. It helped me realize it wasn’t me. We all had things to work on.

A big help so far. Havent finished reading it yet...but have learned alot already. Will be a book to keep and refer back to.

The book has a lot of good "hands-on" information and no psycho-babble. Easy to apply and use when you still have a relationship with your in law. Unfortunately my DIL has cut off communication and my grandson from me so it will be hard to follow Dr. Brann’s advice. Perhaps I could have used this earlier in our relationship. :(

I should have read this book about 20 years ago, then my life would not be such a mess with my DIL. Ise

Excellent book. Straight forward, accurate.

Love this book! It is a great read and very helpful. I bought a copy for my friend for xmas. She loved it too. This book doesn’t just pertain to MIL and DIL with issues in their relationship, but to all types of MIL and DIL relationships.

This is the best book for any Mother-in- law or Daughter-in-law who truly wants to improve the relationship within their family unit. This is not easy stuff but things do not need to always follow the same painful path. I highly recommend Dr. Deanna Brann’s book Reluctantly Related. After the first page I knew she had walked in my shoes. She was not talking about the issues from some theoretical point of view, but her own personal experience. She brings a wealth of knowledge, years of experiences about the complexities of family relationships. Her illustrates are real and many are her own experiences. Her writing style is easy to read and more importantly, easy to understand. She uses real life examples to make her points. This is not easy, but with her exercises you are guided through your own emotions and reactions. With this knowledge, you can begin to sort

through your own issues.Reluctantly Related:Secrets To Getting Along With Your Mother-in-Law or Daughter-in-Law

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